PARK PRESS





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Term 2, Week 8 18 June, 2018

Coming events

| Week 8 | | | | |
|-----------------------|--------------------------------------------------|--------------------------------------------------------------------------------------------|--|--|
| Monday 18 June | | | | |
| Tuesday 19 June | Yr 10 | Subject Market | | |
| Wednesday 20 June | Yr 8 | Beanies for Brain Cancer – BBQ & Partial Mufti Day Common Test - Maths Common Test – Maths | | |
| Thursday 21 June | Support Support | Event Cinemas Yr 12 Transition to Work Program | | |
| Friday 22 June Week 9 | Yr 7 Yr 8 Support | Common Test - Maths Common Test - Maths Work Experience Program | | |
| Monday 25 June | | P & C Meeting – 6pm | | |
| Tuesday 26 June | Selected Zone Athletics Carnival Subject Tasters | | | |
| Wednesday 27 June | | | | |
| Thursday 28 June | Support | Yr 12 Transition to Work Program | | |
| Friday 29 June | Yr 12 Support | Excursion – UOW Mathematics Work Experience Program | | |

P & C MEETING Monday 25 June, 2018 at 6pm

PBL



Respect, Commitment, Responsibility

PBL Student of the Fortnight-Remy Blackett of Year 11. Remy had the highest amount of positive entries for Weeks 4-5.

PBL Focus for the fortnight is on RESPECT especially in the playground. We want students



to put their rubbish in the bin and care for the environment.

Students of the Fortnight

As requested by the PBL team, the Skills for Work and Vocational Pathways class were commissioned to create engaging video clips for students about our PBL values this term.

The students were heavily involved in the filming, editing, casting and producing aspects of the film. They aimed to engage students in issues that are relevant in our school, but were able to do so in a humorous manner.

Well done to the students involved in the 'PBL Report'.

An up-date from the Deputies – Subject Selection

We are at that time of the year when students from Years 7-10 will soon be asked to choose subjects to study for the following year(s) At a glance:

- In Year 7 students are asked to select 2 extension electives for study in year 8 (1 per semester)
- In Year 8 students are asked to select a 100 hour (for year 9) and 200 hour (for years 9 & 10) elective
- In Year 9 students are asked to select a 100 hour elective for study in year 10
- In Year 10 students are asked to select subjects for Years 11 and 12.

Key dates -

Year 8 have already participated in their subject market and the taster day is on Tuesday, 26 June. By the end of term students should have a

good idea regarding what electives they might like to study.

Year 10 participated in their subject market on Tuesday, 19 June. They have been issued with a list of possible subjects and had opportunities to ask questions relating to subjects. The idea is to ensure students are well informed about subject content and requirements before they make their selections next term.

More information will be available at Subject Selection Information Evening

Tuesday, 7 August

Year 11 parents and students will attend from 3:30pm

Year 7 and 8 parents will attend at 5pm

During these meetings students will receive their subject selection packages with access codes for online selection.

Year 9 students will receive their subject selection information pack at school on Wednesday, 8 August. Year 9 students and parents are not required to attend the Subject Selection Information Evening above as they have already been through this process in Year 7 and 8.

Here are some tips to help your teen choose well.

- Your first consideration is to encourage your child to choose subjects that emphasise their strengths and interests.
 Students should choose subjects they are interested and engaged in.
- If you support your child to choose subjects they are good at, interested in and can see themselves using in the future, your child is more likely to do well.
- Students should not select subjects based on what their friends are choosing

or who they think the teacher may be. Our teaching staff varies from year to year as teachers move. We cannot guarantee who will teach each course. Although it is nice to have a friend in your class, as mentioned already your student is unlikely to do well in a subject if they have no interest or aptitude for the subject.

For year 10 students - If you support your child to choose subjects they are good at, interested in and can see themselves using in the future, your child is not only more likely to do better in the HSC, but to achieve a higher university admissions ranking. Even if at this stage you don't think a university career is on the cards for your child, it's important for students to give themselves as many future options as possible. Today's Year 10 students will quite possibly have several careers over their working lives, including job descriptions that may not even exist yet.

Who can help?

The key people at school who can help your child make the right choice for their skills and interests are our careers adviser, your child's Year Adviser and their current subject teachers.

Careers advisers in each school help students to see the wider picture of career planning, and understand that this next stage is really a launching pad, not a 'live or die' moment. With this approach, parents' support, and having frank conversations with their teachers and year adviser/careers adviser, students are unlikely to 'throw in the towel', or just 'do what their mates are doing'.

Careers advisers can also discuss different career pathways for your child – whether they hope to pursue an apprenticeship or traineeship, or want to go on to study at university, TAFE or other registered training providers.

Christine Campbell and Paul Ridgway Deputy Principals

Evening with Dr Salter Enhanced Learning Educational Service

This week Dr Prue Salter from Enhanced Learning Educational Services (www.enhanced-learning.net) ran a study skills session with a number of Years 10-12 students and parents. The session focused on helping students identify changes and improvements they could make to how they approach their studies in order to maximise their results in the final years of school.

The main areas covered were working effectively in the evenings, dealing with distractions, managing time efficiently, planning for assessments, making brain-friendly study notes on a regular basis and using a wide variety of active study techniques to suit individual learning styles.

Parents are encouraged to review the handout from the session with students and discuss the main areas identified where changes need to be made. Parents can also find extra study skills tips on the following website:

http://studyskillstoptipsparents.com/.

News from Support

Over the past couple of weeks our students from the support unit have been busy attending a couple of excursions. Just a few weeks ago we had our Keira class go to the Nowra Tree Top Adventure Park, where the students were harnessed up and asked to climb a number of obstacle courses.



Some of the students admitted to being a little frightened of the dizzying heights but managed to overcome their fears make their way through each course. Courtney Honeysett of Year 12 and

Caitlin Kruger of Year 11 said that they had a lot of fun and that they would like to do it again. Thank you to Mrs Hiscocks and Mrs Hunt who organised the wonderful team building day for





the class.

We have also had a number of our students recently attend an interactive excursion to the Shoalhaven Zoo on Wednesday 13 June. The students were engaged with exploring the different enclosures, feeding and patting animals in the farm yard, and getting up close and personal with koalas, snakes and a baby crocodile. The day was topped off with some students riding the giant slide, while others ventured further into the zoo to view more interesting animals. The day was thoroughly enjoyed by staff and students.



Nationally Consistent Collection of Data on Students with Disability

Schools must now complete the Nationally Consistent Collection of Data on School Students with Disability (NCCD) every year. It

counts the number of students who receive additional adjustments or "help" at school because of a disability. The NCCD helps governments plan for the needs of students with a disability. At present, Albion Park High School is gathering data on adjustments made in the classroom by teachers for students with disability. If you would like more information on the data collection process, please see the attached document.

National Acrobatic Championship

More fantastic news from the sporting front at the National Acrobatic Championships, held in Melbourne a couple of weeks ago.

Representing New South Wales in the trios and competing at level 6 was our very own Madison Mikanovic from Year 9. She was teamed with another local lass of the same age and a youngster in Year 5.

Two routines were completed in the 'Balance' and 'Dynamic' sections and a combined total saw Madie's team placed second overall. A silver medal for the girls at a National Championship.

Yay to you and your team Madison and we at Albion Park High School are all very proud of your achievements.

Ex Student - Jessica Hull's Sporting Success

Some of you may remember Jessica Hull, who was the school captain at Albion Park High School in 2014. Jess' running exploits in her time at Albion Park High School established her as the best and most successful athlete



in the history of our school. Since then, she has been at Oregon University (USA) on an Athletics Scholarship and is now in her fourth year of studies. Last Saturday, she contested the NCAA Championships which is the National Championships for all of the colleges across the United States. Competing in the 1,500m event, Jess won the race in a time of 4m.08s, a new personal best for her and a time that would

have seen her in the recent Commonwealth Games 1,500 final and the all-time 17th fastest time run by an Australian female in that event. Given the strength of athletics across the United States, being crowned champion at an event isn't just wonderful, it is an awesome achievement. We at Albion Park High School are all very proud to call Jessica Hull one of our own.

School route number change

New school route numbers from **Monday 2 July 2018**

All school route numbers will be changed to new numbers from Monday 2 July 2018.

This will ensure that school buses are easily identifiable. All new school bus route numbers will start with a capital 'S' and be followed by a new 3 digit bus number, e.g. \$100.

You can access further information in the following ways:

- Ask for the schedule of school route number changes from your school office
- Refer to School Services page on the Premier Illawarra website premierillawarra.com.au

If you have any further queries please contact Transport for NSW directly on 131500



Premier School Bus Number changes from 2/7/18

MORNING BUSES

| Time | Previous | Now |
|------|--------------|------|
| 7.50 | ICT6 | S129 |
| 7.57 | SJ9 | S202 |
| 7.45 | AHS2 | S051 |
| 7.45 | AHS3 | S052 |
| 7.55 | AHS4 | S053 |
| 7.44 | SERVICE (76) | |
| 8.00 | AHS5 | S054 |
| 8.05 | SJ2 | S196 |
| 8.15 | SJ4 | S198 |
| 8.15 | SJ10 | S190 |
| 8.20 | SJ14 | S194 |

AFTERNOON BUSES

| Time | Previous | Now |
|------|--------------|------|
| 2.45 | AHS1 | S050 |
| 2.40 | AHS2 | S051 |
| 2.40 | AHS3 | S052 |
| 2.40 | AHS4 | S053 |
| 2.45 | AHS5 | S054 |
| 2.35 | SERVICE (77) | |
| 2.50 | SERVICE (76) | |
| 3.35 | SJ1 | S189 |
| 3.35 | SJ2 | S196 |
| 3.35 | SJ4 | S198 |
| 3.30 | ICT6 | S129 |
| 3.35 | SJ14 | S194 |



Playgroup

- ✓ Do you have a child aged 1 5 years old?
- ✓ Do you need to get out of the house and meet new friends?
- Do you wish your child had someone to play with or a range of different and stimulating activities to take part in?

Albion Park High School's Year 9 Child Studies students are running PLAYGROUP starting Term 2 on the 29th of May to supplement their learning in this subject. The Playgroup will continue to be run every Tuesday for the remainder of the year and will be held between the times of 10.35am-11:35am. A small cost of \$2 per family will cover morning tea and go towards any materials needed. The students in Child Studies have identified that 'play' is vital for a child's social, emotional and physical health, therefore Albion Park High School has been committed to providing this opportunity to both the students and members in its surrounding community for the past 20 years.

For an information pack and to REGISTER your interest, call Albion Park High School on

(02) 4257 1744 or email

lauren.drummond@det.nsw.edu.au

DISABLED PARKING

The Local Council Parking Officer has been at the school during the week and reminds the school community that Disabled Parking is only for the transportation of Mobility Parking Scheme permit holders and that committing this particular parking offence can attract a hefty fine.

Drivers are not to park in the Disabled Parking at the front of the school unless they are either picking up/dropping off a mobility disabled permit holder or, if the driver is the permit holder and they are leaving the car to enter the school.

Please be mindful that if your student is able bodied, you may not use the Disabled Parking space.

Hefty fines may apply



1800 753 127 www.sportscampsaustralia.com.au

