

PARK PRESS

Our School Values are – RESPECT, RESPONSIBILITY & COMMITMENT'

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Term 3, Week 6

26 August, 2019

Coming events

Week 6		
Monday 26 August		P & C Meeting – 6pm
Tuesday 27 August		
Wednesday 28 August		
Thursday 29 August		
Friday 30 August	Support	Wear it Purple Day – non-uniform day Work Experience Program
Week 7		
Monday 2 September		
Tuesday 3 September		Yr 6 to 7 Parent Information Evening 4-5pm
Wednesday 4 September	Yr 8	Camp – Stanwell Tops
Thursday 5 September	Yr 8	Camp – Stanwell Tops
Friday 6 September	Selected Yr 8 Support	Exc – Shellharbour City Council Youth Summit Camp – Stanwell Tops Work Experience Program

P & C MEETING

**Monday 26 August, 2019 at 6pm
In the Common Room**

PBL



The PBL Student/s of the Fortnight are Madison Rosser and Matilda Turner of Year 7. They both had the highest amount of positive entries for the fortnight. Well done girls.



The PBL Focus for the Fortnight will remain as 'Being in the right place at the right time'.

Students of the Fortnight

During a medical emergency Kora Naughton and Alana Nicovska both of Year 12 provided first aide support, help and encouragement to a fellow student.



Principal's Message

I would like to warmly congratulate all of the students and staff who were part of Southern Stars 2019 "COME ALIVE".

The show was an incredible success (with the largest number of tickets sold in the history of the show) and all the students involved were excited to be part of an event so much bigger than themselves – indeed an arena spectacular. I watched two performances and cried with pride at both.

In particular I would like to thank super dance teacher Tash Remfry and Support teacher extraordinaire Ivone Campos. The extra hours that they share with their students to ensure that they are prepped and ready, costume perfect, behaviour perfect and confident to perform, is amazing.

I also recognise Patrice Joynson and Matt Hawkins who helped get the students who performed in the Aboriginal item, which was very special this year as it involved a local Dreaming Story about Lake Illawarra.

Finally great work by Jessica Peters who was a backing vocalist. Backing Vocalist work harder than anyone outside the orchestra as they sing every single song in the two and a half hour show!



Well done to the following students:

Dakota Bennett	Charlotte Bush
Katie Butler	Lauren Coward
Daniel Cox	Nicholas Driscoll
Shane Du-Mughn	Taliah Du-Mughn
Jessy Dungey-Glew	Kaitlyn Elbourn
Elisa Gray	Ava Hadfield
Emma Hanson	Mckenzie Hayward
Emerson Horton	Emily Hudson
Madison Isaac	Georgia Jeffery
Jacinta Johnstone	Mikala Koechel
Indigo Lewis-Mackin	Lillian Lord
Samantha Lord	Amity Mayo
Haley Nicholson	Jessica Peters
Madeleine Peters	Imogen Prince
Ashleigh Ryder	Breeanna Sampson
Liana Speirs	Olivia Talbott
Alexis Tripp	Skye Turk
Esma Ugur	Lily Valesini
Rosemary Winston	

Ms S Clapham
Principal

Youth Parliament Program 2019

Aleiya Jolliffe is an extraordinary student in Year 11 who has a keen interest in the law and social reform. Recently she took part in the exclusive YMCA Youth Parliament program. Aleiya attended two camps with fellow budding lawmakers and politicians in the April and July school holidays.



Aleiya was allocated a group and their task was to draft a bill (new legislation). Aleiya's group worked to write draft legislation to reform the prison system

in NSW. Specifically, their task was to write "an act to introduce the open prison system in NSW, in order to rehabilitate detainees by preparing them for reintegration into society; to ultimately reduce the rate of recidivism."

In addition to writing the legislation, Aleiya worked collaboratively with her group to write a speech that was then delivered to participants in the program in the New South Wales, Parliament House. A debate then ensued and a vote taken on the prison reform bill. Their draft legislation was passed by the majority of the other 100 participants in the program.

Aleiya had the privilege of meeting the NSW Governor, Margaret Beazley. Aleiya enjoyed the experience thoroughly, despite the hard work, long hours and long travel times. She met plenty of like-minded young people and developed her skills and confidence in a legal setting. Well done, Aleiya

A huge thank you to the Oak Flats Lions Club for their generous donation which allowed Aleiya to attend the Youth Parliament program.



PDHPE Faculty and Sport Report

What's happening in PDHPE classes?

All students in Years 7-10 are currently participating in the Premier's Sporting Challenge, which involves students recording the amount of physical activity they do each week with the aim to increase the amount of time spent participating over the term.

This will tie in with the National Health and Physical Education Day, which will be held on Thursday 12 September (Week 8), where we will hold an annual challenge between staff and students.

Our Year 7 and 9 classes are the first students to be involved with the new 7-10 PDHPE Syllabus, which was released last year. A variety of new programs have been created based on the new syllabus and also catering for the students at Albion

Park High School. Here are the programs each year group is currently working on:



- Year 7** - Positive Choices (drugs) & Smash it and Catch it (striking and fielding games)
- Year 8** - Helping others (risky behaviour and first aid) & Fitness (group fitness)
- Year 9** - Talking Sexual Health (Consent & STIs) & Being a Team Player (creating a new game)
- Year 10** - Shifting Gears (road safety) & being a team player (creating a lesson with a warm up, skill and new game)

Two of these, the Being a Team Player and the Shifting Gears programs, have a Project Based Learning Focus with students collaborating in groups to help answer a driving question. Groups will be presenting their tasks to an authentic audience throughout this term and the start of next term.

The Year 10 Shifting Gears program will involve a Road Safety Forum at school early next term where students will be presenting their tasks to the students in Year 9 and members of the community. Parents will be informed once the date is set. Here are some photos from last year's forum.



What's happening in sport?
Athletics Report - APHS School Carnival

Our school athletics carnival was held on Wednesday, 22 May at Croom Road Athletics Track. We had lots of students in attendance and it was awesome to see so many of our Year 12s dressed up and having fun. We had some great performances on the day. Here is a run down of the main results:

The winning house group on the day was Gugara on 1048 points. 2nd was Munda on 830, 3rd was Guruwin on 780 and 4th was Buru on 661.

We had one record broken on the day by Keira-Lee Meyers. She broke the Under 16s girls 1500m record with a time of 5 minutes and 29 seconds. Our age champions were as follows:

12 Yrs Girls	Arley Hourn
12 Yrs Boys	Lexin O'Dea
13 Yrs Girls	Matilda Turner
13 Yrs Boys	Cameron Goodway & Tyler Whitaker
14 Yrs Girls	Calany Meyers
14 Yrs Boys	Brayden Slack
15 Yrs Girls	Ashlyn Adams
15 Yrs Boys	Cody Brookes
16 Yrs Girls	Keira-lee Meyers
16 Yrs Boys	Jai Russell
17 Yrs Girls	Grace Adams
17 Yrs Boys	Connor Pearson



Southern Illawarra Zone Athletics Carnival

Our zone carnival was held on Tuesday, 18 June, once again at Croom Road Athletics Track. We sent one of the largest teams in the zone and filled as many relays as we possibly could. A massive thanks to those students who stepped up to fill in for team who were short on the day. This helped our school who finished 3rd overall with our girls team winning the Zone competition.

Congratulations to Ashlyn Adams who was named age champion in the 15 years girls and Grace Adams who was named age champion in the 17 years girls.

We had 36 students who qualified for the Regional Carnival, including 4 relay teams. The students who qualified were:

Girls	
Ashlyn Adams	Grace Adams
Caitlin Allen	Chloe Barton
Keira Bourne	Amellia Curties-Henry
Keana Dobeson	Chelsea Eagleton
Ava Hadfield	Grace Hill
Bethany Horton	Emily Hoswell
Caslany Meyers	Keira-Lee Meyers
Taliah Moxham	Kiara Parsons
Alyssa Potts	Imogen Prince
Ebony Simipson	Isabell Smoday
Aimee Turnbull	Esma Ugur
Amy Williams	Hannah Williams
Boys	
Jake Bill	Jack Denyer
Jye Hall	Nicholas Lawson
Ashton O'Dea	Lesin O'Dea
Rhys O'Dea	Aaron Parfitt
Jai Russell	Isaiah Ryder
Max Smoday	Tyler Whitaker

South Coast Regional Athletics Carnival

We had a strong team of APHS students head down to Canberra for the South Coast Regional Athletics Championships on Friday 2nd August. A special congratulations to our girls team who finished 6th in the region for the pointscore. The following students have qualified for the NSW CHS Athletics Championships coming up in Homebush:

- Ashlyn Adams- 1st in 90m hurdles, 1st in 200m hurdles
- Grace Adams- 1st in 100m hurdles, 2nd in 400m, 2nd in long jump
- Grace Hill- 2nd in discus
- Bethany Horton- 3rd in high jump
- Calany Meyers- 2nd in javelin
- Ashleigh Ryder- qualified for the multiclass 100m and 800m

A super effort by all those who attended and competed at the carnival and good luck to those going to state.

Park Performers Testing

It's that time of the year again, Year 6 students from Mount Terry Public, Albion Park Public and Tullumbar Public schools will be involved in the Park Performers testing for our 2020 program in the next few weeks!

Our Year 10 PASS students will go out to the primary schools to conduct a number of fitness and skill tests, gathering results that will be collated by the incoming Park Performers class teacher to

identify students who possess physical and sporting talent and prowess.

The Park Performers Program provides opportunities for fitness and skill development in a range of sports through the formation of a specific Park Performers PE class in Year 7 and then following through in Year 8 with an extension PE class. This class is formed in consultation with the Albion Park High School Year 6 Advisor and teachers from each of the primary schools. Students who are placed into the program will be notified by their school mid-Term 4.

Good luck to everybody involved and a huge thank you to our PASS students for assisting with the testing.

Lunchtime Oztag Competition

Congratulations to the Year 7 "Sexy Pigs" team who recently won our lunchtime Oztag competition with a fine 4-2 victory over the Year 8 team.

Most of the games that were played throughout this comp were keenly contested and it was great to see some students engage in competitive physical activity during their lunch break over this time. The two best sides deservedly qualified for the Grand Final, and it was the undefeated Year 7 outfit who came away with the spoils on the day.

Well done to the gritty Marshmallows (Yr 7) who also participated in the comp and to the Year 10 and Sports Committee teams, who struggled to compete given the handicap system that was put in place (junior team tries worth two points).

Special thanks to members of the Sports Committee who helped set up the equipment and officiate, and to Jake Fittler, Levi Valesini, Mason Gibson, Lexin O'Dea and Jye Hall, who all volunteered to help referee some matches.

The Sports Committee look forward to more students getting involved in our next competition (hopefully next term!).



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