

PARK PRESS

Our School Values are – RESPECT, RESPONSIBILITY & COMMITMENT'



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Term 3 Week 8

10 September, 2018

Coming events

Week 8		
Monday 10 September		
Tuesday 11 September		
Wednesday 12 Sept	Yr 11	PDHPE & Yr 12 Sport Coaching First Aid Course
Thursday 13 September		Anti-Bullying Assembly
Friday 14 September	Support	Work Experience Program
Week 9		
Monday 17 September		
Tuesday 18 September		
Wednesday 19 Sept.	Yr 11	Yearly Exams
Thursday 20 September	Yr 11	Yearly Exams
Friday 21 September	Yr 11 Support	Yearly Exams Work Experience Program Japan Trips - 22/9/18 - 6/10/18

Principal's Message

Mobile phones and other devices have gained a great deal of negative attention in the media lately; in fact the Federal government is authorising a major study into the effect of smart phones in particular, on school aged children. This is for two reasons:

1. The growing number of students who are becoming addicted to their mobile devices and are constantly distracted.
2. The growing number of on-line bullying incidents that are having devastating effects on victims.

I take this opportunity to remind parents, especially the parents of incoming Year 6 students, of what our policy is, our procedures are and more importantly, what our philosophy is in relation to phones at Albion Park High School.

Phones are undoubtedly an essential part of adult life in the western world; part of growing up is learning when to use and **not use** your device, but also how to use it responsibly and ethically. Part of what we teach at Albion Park High School is how and when to use your phone. If you own and use a phone you have a responsibility to know that your use of it can affect others. Some important notes:

- Students DO NOT NEED to have a phone at high school. Having a phone is a privilege NOT A RIGHT. Irresponsible or incorrect use will result in it being confiscated by staff and locked in a safe in a staffroom.
- Phone usage is addictive and its use should be monitored by parents. Parents should know what their child's passwords. Students should not be using social media in their breaks, they should be socialising with their friends face-to-face.

P & C MEETING

Monday 24 September, 2018 at 6pm

PBL



Respect, Commitment, Responsibility

The PBL Student of the Fortnight is Sophie Matterson in Year 8. She had the highest number of positive Sentral incidents in the school for Weeks 4-5 this term.



Our PBL Focus for the Fortnight is to be COMMITTED to 'being in the right place at the right time'. We want students to respond quickly to the bells, especially after lunch and recess and move straight to class.

- Phones CANNOT be used in the classroom to contact parents – contact to parents occurs THROUGH THE FRONT OFFICE, by Albion Park High School staff only.
- Using phones to listen to music is sometimes acceptable in subjects such as Music or Art with the teachers' permission, it is also sometimes used as a teaching tool such as filming in English. Phones are not to be used in the classroom without specific teacher approval.
- Using your phone/social media to; bully, harass, embarrass, photograph or be unkind in any way is totally unacceptable and will result in suspension from school.

Please take the time to read and understand the Albion Park High School policy (which is attached) and to then discuss it with your child.

Suzi Clapham
Principal

Southern Stars

Last week we had thirty six students participate in this years Southern Stars performance 'ICONIC', where they performed at the WIN Entertainment Centre in Wollongong on both Friday and Saturday.

The students have been working hard for the past ten weeks to learn their part in the big show. We had thirty dancers participating in our school mass dance item 'Jai Ho' and two students performing in the Aboriginal Dance Ensemble, one student singing in the mass choir, and one student in the Drama company.



We would also like to make a special mention of our six featured artists, dance - Chelsea Eageton, Makahlea Beggs, Imogen Prince, and Paige Bridgett and vocalists - Sophie Elbourn and Latai Kinikini.

We are extremely proud of all our students and their tremendous efforts. Now for some much needed and well deserved rest. Well done to all!



Work Placement for Year 11 REVS students

All Year 11 REVS students will be involved in mandatory work placement in Week 9 & 10, TERM 3.

This includes Business Services, Construction (Week 9) Hospitality and Metals & Engineering (Week 10). Students need to complete 35 hours of work placement in each of their VET courses.

All students need to make contact with their employers and arrange an interview so that the relevant paperwork can be completed by Wednesday 12 September.



Paperwork needs to be returned to the class teacher prior to the placement start date. This is important to ensure that both the student and employer are covered for insurance purposes. Students need to make arrangements with their families around transport to and from work during the work placement period.

If a student is ill or unable to attend a day of placement they must phone the employer and

the school. Missed days will need to be made up in the student's own time.

Year 10 Interview Day Friday 21 September

All Year 10 students will be involved in a day called 'Inspiring Your Future' on Friday 21 September. This day will include a 'mock' job interview plus other activities to prepare students for the world of work and their future.

Students will be required to come dressed for the occasion – this means looking professional and business like.

This may include trousers, collared shirt, a tie and maybe even a jacket for the boys. For the girls it could include slacks/trousers or a skirt, a blouse and jacket or cardigan. Dress shoes also need to be worn – high stilettos are not recommended.

Students don't need to spend a lot of money! Check out what is already in the wardrobe, borrow from family members or make a trip to the local Salvation Army store. Target, Big W and Kmart also stock some cheap but smart clothing that will fit the bill.

Students have been preparing a resume and cover letter that relates to a specific job advertisement as part of their current unit of work in English. They will also be practising their interview skills in the coming weeks.

This is an assessment task for all Year 10 students and attendance and participation is compulsory. In the event of illness or injury students will be required to supply a doctor's certificate to explain any absences.

EVET course EOI's Year 10 students

Year 10 students wanting to apply for an EVET course (VET courses offered by external RTO's e.g. TAFE) to commence in 2019 need to return their Expression of Interest forms to Mr Farrugia or Mrs Fisher by the end of Week 8 (Friday, 14 September).

Please ensure that you include your Unique Student Identifier (USI) on your application form.

Skills 21 – Living Classroom

The Year 9 and 10 Skills 21 have been busy in the Living Classroom. The Year 9 class has completed the compost hubs and rolled out the whole school composting system. They have started designing a wetlands area in the living classroom, which will require the students to research ecosystems, survey and design the proposed site and transform the area. The Year 10 class are in the process of harvesting their first yield of vegetable and have been gradually selling them around the school. The students are devising and refining systems around how they will distribute the produce (which has proven to be tricky) and working in groups to devise marketing campaigns and create individual brands in a "Shark Tank" style competition.



In addition to this, the students have been doing routine maintenance practices such as watering, weeding and feeding the fruit trees. Side projects include building tyre steps (which is turning out to be a lot more physical than first anticipated), painting the tool shed and a few of the Year 10 boys have official commenced work on the TOP seating circle by measuring, cutting and screwing down bearers. Students are also responsible for researching and ordering supplies such as mulch and cracker dust.



We have made contact with local business Water Well, who have come out to assess our rainwater tank situation and are currently in the



process of compiling a quote for irrigating out site using rainwater. This is a form of catch and store energy. We will then start the process of seeking funding, a project we will be guiding the students to drive.

Our Permaculture consultants Aaron and Sarah have been conducting Permaculture lessons each week and they have been linking the Permaculture Ethics (Earth care, People care, Fair Share) to the work they are doing in the garden. They have also began formally introducing the twelve principles of Permaculture and have started with the first three which are to:

1. Observe and interact
2. Catch and store energy
3. Obtain a yield

On a final note, a huge thank you to Aaron and Sarah for their ongoing hard work and dedication. The knowledge they bring has been crucial to the sustainability of the site with Sarah often coming in on her days off to assist both classes. Well done. Your efforts are much appreciated by all.

National Tree Day

On Friday, 17 August twenty-two dedicated students volunteered to be a part of our annual activities for National Tree day. The students went to Blackbutt and assisted the Bushcare volunteers to plant 300 seedlings in an area of regeneration. The plants were a part of the low-grass woodland that is currently being regenerated within Blackbutt Forest. The



students then returned to school where we planted ten trees to provide shade around the oval. The students were amazing as this work at school was quite difficult, digging into the rock hard ground. They also had to prepare the holes with fresh soil and mulch. Thanks very much to Mr Mercer who provided the native trees to plant at school, the Bushcare volunteers for the BBQ lunch and Bunnings for the freebies.

The school would like to thank the following dedicated student volunteers: Marcus, Seth, Courtney, Dylan, Liam, Christian, Olivia, Hannah, Cheyanne, Grace, Chloe, Keira, Laura, Jessica, Emma, Lily, Baxter, Jessica, Isabelle, Jack, Livinia and Olivia, Elaina.

Tell Them From Me' Parent Survey



There is still plenty of time to complete the parent survey.

Survey link site;

[:https://nsw.tellthemfromme.com/albionparkhigh](https://nsw.tellthemfromme.com/albionparkhigh)

Alert Notice

Please be aware there has been a case of chicken pox within the school. If you have any concerns see your local doctor.



PCYC | POLICE CITIZENS YOUTH CLUBS

SAFER DRIVERS COURSE FOR LEARNER DRIVERS



THE SAFER DRIVERS COURSE INVOLVES TWO MODULES:

MODULE ONE:

A three-hour facilitated group discussion on how to manage risks on the road. This will involve a maximum of 12 participants and will be delivered by a facilitator.

MODULE TWO:

A two-hour, in-vehicle coaching session to develop low-risk driving strategies. This will involve two participants and a coach.

Course cost: \$140

Participants must have completed 50 hours of actual on-road driving experience to be eligible for the course. Credits gained under the 3-for-1 scheme cannot be included.

LEARNER DRIVERS WHO COMPLETE THE COURSE WILL RECEIVE 20 HOURS OFF THEIR LOG BOOK.



ALL PARTICIPANTS MUST:

- Hold a valid NSW Learner Licence
- Be under 25 years of age
- Have completed 50 logbook hours (of actual on road experience and not credits gained under the 3 for 1 professional instruction scheme)

Find us on: facebook.



PCYC
LAKE ILLAWARRA

KICKBOXING



MONDAYS
UNDER 18'S

TUESDAYS
OVER 18'S

WEDNESDAYS
UNDER 18'S

THURSDAYS
OVER 18'S



TIME
4PM-5PM

COST
\$10 PER CLASS

PCYC M/SHIP
UNDER 18 \$10
OVER 18 \$20