

# PARK PRESS

Our School Values are – RESPECT, RESPONSIBILITY & COMMITMENT'

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Term 3 Week 4

13 August, 2018

## Coming events

Week 4		
Monday 13 August	Yr 7	Immunisation
Tuesday 14 August	Yr 11 & Yr 12	Prep Program & Summer Masterclass information session
Wednesday 15 Aug	Yr 12	Hotdog fundraiser Sth Coast Oztag Gala Day
Thursday 16 August	Yr 12	Early Admission Link talk
Friday 17 August	Support	Work Experience Program National Tree Planting Day

  

Week 5		
Monday 20 August	Yr 9, Yr 10	Ski Trip PASS
Tuesday 21 August	Yr 9, Yr 10	Ski Trip PASS
Wednesday 22 August	Yr 9, Yr 10	Merit Assembly Ski Trip PASS
Thursday 23 August		
Friday 24 August	Support	Work Experience Program

**P & C MEETING**  
**Monday 27 August, 2018 at 6pm**

## PBL



Respect, Commitment, Responsibility

The PBL student of the fortnight, Weeks 1-2 of Term 3, was a three way tie between Charlotte Ryder, Ashlee McIntosh & Haley Nicholson, all of year 7. They had the highest number of positive entries in Sentral over this time period.



## PBL Focus for the Fortnight

Our focus for the fortnight is around **Respect** and the way students speak to each other. We want students speaking with kindness and using appropriate language.

## Students of the Fortnight

On Thursday 2 August, we welcomed students and teachers from our sister school, Omiya Kita High School, to Albion Park High.

Holly Wilson ran the school assembly welcoming the Japanese students. Ryleigh Johnson spoke in Japanese and Baxter Lean translated it into English.



Omiya Kita High School is our official sister school and the idea of this relationship is to develop friendship and cooperation between the two schools and to promote mutual understanding and cultural awareness between Australia and Japan.

Our visitors were here for one week where they experienced a variety of educational and cultural activities. Omiya Kita High staff and students have been visiting Albion Park High for the past 7-8 years. Later this term, ten students and three teachers will reciprocate the visit and head to Omiya Kita High School.

## Principal's Message

This week we have welcomed our Japanese visitors from Omiya Kita High School. Ten girls with two teachers; Ms Yoshiko Yamada, who is an English teacher, and Mr Yasuhiku

Nakazawa, who is a maths teacher, arrived on Wednesday to be taken home by our billets.



This is a wonderful experience for both inbound and outbound students as they learn about one another's culture, customs and language.

Thank you to all of the parents who warmly opened their homes to the girls, and gave them a truly authentic, Australian experience.

I would like to take this time to acknowledge the beautiful, calm and settled atmosphere at Albion Park High this year. I have seen quite momentous leaps forward in the school in every area bar none, but none so significant as the way the students behave. As I walk around the school, visit classrooms and talk to students in the playground, I witness respect and friendliness. We have a wonderful school with caring and talented staff, it's a great place to work!

Albion Park High School has been part of an intense welfare program called YAM (Youth Aware of Mental Health). It is a program which highlights the importance of understanding mental health for both you and your friends and family – and is preventative in nature. Albion Park High School was one of twenty five schools in the area to participate.

Please click on this link - <https://www.illawarramercury.com.au/community/preventing-suicide/5548841/illawarra-teens-trial-groundbreaking-suicide-prevention-program/> to read a story about the program in the Illawarra. There is also free online resources which I encourage you and your children to be part of. The links are: [www.suicidepreventioncollaborative.org.au/QPR](http://www.suicidepreventioncollaborative.org.au/QPR)

**Suzi Clapham**  
Principal

## Year 8 Writing Workshops

Today we commenced the roll out of a series of writing workshops to our Year 8 students.

Students gained an understanding of the elements which make up a piece of writing as well as how these elements are assessed in the NAPLAN test and by their own teachers. Students were given the opportunity to reflect upon their own writing and identify their own strengths and areas they need to improve upon. With the introduction of the Literacy Progressions across the Nation over the next few years, teachers across all years and subjects will be involved in reflecting upon where students are on the Literacy Progressions and implementing ways they can build student literacy levels to the next level of the Literacy Progressions.

We at Albion Park High School are ahead of the game, having recently completed the task of identifying each Year 7 and 8 student on the Literacy Progressions. The Year 8 writing workshop is the first of a series of workshops



which will provide students with an opportunity to reflect upon themselves as learners and identify areas which will allow them to develop their literacy skills.

## The Tell Them From Me Student feedback survey (Term 3, 2018)



I am delighted that this term, our school, like many other public schools in the state, will participate in a Department of Education initiative: the Tell Them From Me student feedback survey.

The survey measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

You may remember that our students also participated in a Tell Them From Me student survey in Term 1 this year. Asking students to complete the survey twice in one year allows us to identify trends in student responses as well as track engagement and motivation across the school year.

The survey is a great opportunity for our students to provide us with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the Tell Them From Me survey to help improve how they do things at school.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au>

I want to assure you that the survey is confidential. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between the 27 August and 26 October, 2018. Participating in the survey is entirely voluntary.

A consent form and FAQs for parents/carers about the survey is being sent home with students and is available on our school website. If you do not want your child or children to participate, please return the form to school by the 24 August, 2018. Copies of the form and FAQs are also available from: <http://surveys.cese.nsw.gov.au/information-for-parents>.

### **The Tell Them From Me**

#### **Parent feedback survey (Term 3, 2017)**

This Term, our school will be participating in the Partners in Learning parent survey, another part of the Tell Them From Me suite of surveys (student, teacher and parent surveys) on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

Running this survey will help our school understand parents' and carers' perspectives on their child's experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carer views on the school's support of learning and behaviour.

This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online on smartphones, ipads, tablets, laptops or computers. The survey will typically take 15 minutes or less to complete and is completely confidential. The parent survey can be conducted anytime between the 27 August and 26 October, 2018. Although participating in the survey is entirely voluntary, your responses are very much appreciated.

Our school will provide further information about how to access the survey. In the meantime, more information about the survey is available at: <http://surveys.cese.nsw.gov.au/>

Mr E. Davies  
Head Teacher Tas/Art

### **Athletics Report**

#### **School carnival results**

The Albion Park High School Athletics Carnival was held on Wednesday 23 May at Croom Road Sporting Complex. It was awesome to see so many student attending on the day, which doubled as a fundraiser for Year 12.

Students moved around in a tabloid style event with their age groups and were competing both as individuals and for their house group. The house point score for the day was:

- 1<sup>st</sup> - Munda- 1099 points
- 2<sup>nd</sup> - Guruwin- 958 points
- 3<sup>rd</sup> - Buru- 611 points
- 4<sup>th</sup> - Gugara- 308 points

The following students also achieved age champion status for their respective age groups:

Boys		Girls	
12 Yrs	Tyler Whitaker	12 Yrs	Alyssa Nicovska
13 yrs	Joshua Daniel	13 Yrs	Amellia Curties Henry
14 Yrs	Cody Brookes	14 Yrs	Jordan Isaac
15 Yrs	Jai Russell	15 Yrs	Keira-Lee Meyers
16 Yrs	Braeden Simmons Clayton McGlynn	16 Yrs	Karlie Gentles
17+	Connor Pearson	17 +	Taliah Moxham

## Zone Carnival Results

The Zone Athletics Carnival was held on Tuesday 19 June, at Croom Road Sporting Complex. We sent along quite a large team, one of the biggest in the zone and it was great that we tried to fill so many relay teams. Some of our top results were:

Amelia Curties Henry	13 years girls - 2nd in 200m and 3rd in the 100m
Calany Meyers	13 years girls - 1st in the discus, 2nd in the 800m, 3rs in the Under 14's 1500m
Bethany Horton	13 years girls - Equal 1st in the high jump 13 years girls relay team- 1st in the 4 x 100m relay
Isabel Tegart	14 years girls - 3rd in the 800m
Ebony Simpson	14 years girls - 1st in the shot put
Amy-Rose Williams	14 years girls - 3rd in the discus
Imogen Prince	14 years girls - 2nd in the javelin
Keana Dobeson	14 years girls - 3rd in the javelin
Keira-Lee Meyers	15 years girls - 2nd in the 200m, 1st in the 400m, 1st in the 1500m, 3rd in the long jump
Madison Mikanovic	15 years girls - 1st in the high jump
Holly Wilson	15 years girls - 2nd in the javelin 15 years girls relay team - 1st in the 4 x 100m relay
Karlie Gentles	16 years- 1st in the 800m and 1st in the 1500m 16 years girls relay team - 1st in the 4 x 100m relay
Kate Lynn	16 years girls - 2nd in the discus
Isabelle Ferreira	16 years girls - 3rd in the javelin
Claire Hansen-Arthur	16 years girls - 2nd in the 100m
Taliah Moxham	17+ years - 2nd in the 400m and 2nd in the 800m
Erin Martin	17+ years girls - 2nd in the long jump and 2nd in the javelin 17+ years girls relay team - 3rd in the 4 x 100m relay
Tyler Whitaker	12 years boys - 3rd in the shot put 12 years boys relay team- 3rd in the 4 x 100m relay
William Scruste	13 years boys - 3rd in the discus
Kyle Sargent	15 years boys - 3rd in the high jump 15 years boys relay team - 2nd in the 4 x 100m relay 16 years boys relay team - 3rd in the 4 x 100m relay
Ethan Waite	16 years boys - 3rd in the 400m
Connor Pearson	17+ years boys - 3rd in the high jump
Max Smoday	17+ years boys - 1st in the javelin

## Regional carnival results

The Regional Athletics Carnival was held on Friday 3 August, down at the Australian Institute of Sport Track and Field Centre down in Canberra.



We had over forty students eligible to compete at this carnival, but unfortunately less than half of these attended on the day. We had some great results from those students who competed:

Keira-Lee Meyers	2nd in the 15 years girls 800m with a time of 2:39.67mins 2nd in the 15 years girls 1500m with a time of 5:37.44mins
Ashton O'Dea	4th in the 13 years boys 90m hurdles with a time of 18.55sec 4th in the 13 years boys 200m hurdles with a time of 37.66sec
U 15 yrs boys relay team – Bailey Pobjoy, Matthew Goodway, Jack Denyer, Jai Russell	3rd in the 15 years boys 4 x 100m relay with a time of 49.93sec
U 13 Yrs girls relay team - Amelia Curties Henry, Nikeysha Kumar, Ella Koster, Jazmin Silvestri	2nd in the 13 years girls 4 x 100m relay with a time of 55.23sec

Congratulations to all who went down and competed and a massive congrats to Keira-Lee Meyers and the Under 13 years girls relay team who qualified through their regional results are off the NSW CHS Athletics Championships in Homebush from the 5-7 September.

Well done to Ashleigh Ryder who also qualified for the 15 years and under girls 100m and 800m Multi-class events though her submission times. We wish all these students the best at the next level.

Can we also thank all the parents who took time off from work and helped transport students down to Canberra. Your support is greatly appreciated.

# Key Dates for Year 12 students

- Saturday 11 August - UOW Open Day
- Thursday 16 August - UOW Early Admission Information Session @APHS 12.30pm
- Saturday 18 August - TAFE Open Day
- 1 August - UOW Early Admission applications open - close 25 August
- 1 August - UAC Applications open - close 28 September



ALBION PARK HIGH SCHOOL

## YEAR 7, 2019 INFORMATION EVENING!

IN THE APHS GYM  
4-5PM TUESDAY 4TH SEPTEMBER, 2018

