

PARK PRESS

Our School Values are – RESPECT, RESPONSIBILITY & COMMITMENT



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Term 3 Week 10

24 September, 2018

Coming events

Week 10		
Monday 24 September	Yr 11 Selected	P & C Meeting 6pm Yearly Exams Japanese Excursion
Tuesday 25 September	Yr 11 Selected Yr 12 Selected	Yearly Exams Picnic Day Japanese Excursion
Wednesday 26 Sept	Yr 11 Selected	Yearly Exams Japanese Excursion
Thursday 27 September	Yr 11 Selected Yr 12 Selected	Yearly Exams Graduation Japanese Excursion
Friday 28 September	Yr 11 Selected Support	Yearly Exams Japanese Excursion Work Experience Program
Term 4, Week 1		
Monday 15 October		
Tuesday 16 October		
Wednesday 17 October		
Thursday 18 October		HSC Exams
Friday 19 October	Yr9 Support	HSC Exams Japanese Test Work Experience Program

who received the highest number of positive entries in Sentral. Well done boys. A canteen voucher will be coming your way.

The focus for the fortnight is around RESPECT and treating each other people with kindness. This is following on from the RUOK Day and anti-bullying assembly and lessons a few weeks ago.

Principal's Message

Our Japanese excursion has now begun; we wish the staff and students a wonderful trip to Omiya Kita High and I am sure that the cultural exchange and the friendships made will be life changing.



P & C MEETING
Monday 24 September, 2018 at 6pm

PBL



Respect, Commitment, Responsibility

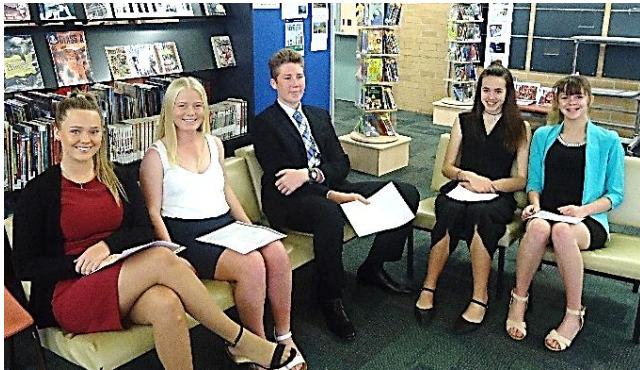
Positive Behaviour for Learning students of the fortnight are Kynan Barton and Tyler Whitaker



Over many Park Press editions, I have highlighted our ever-growing PBL (Project Based Learning) focus areas and successes.



As you will be aware one of the key elements to PBL is the authentic audience, and on Friday our Year 10 embarked on a wonderful (if stressful) Careers/English PBL assessment task.



Like all good PBL it was very high stakes as the students gained interview skills and confidence growth through a program which saw them have a mock-interview with an adult panel. The students looked just wonderful in their suits, skirts and tightly held paperwork and I am sure that this experience will put them in good stead for the real life skill of the dreaded 'job interview'.

The Department of Education has recently rolled over to a new website platform and I want to thank Mrs Leisha Stuckey for her considerable efforts in ensuring that it is populated correctly (ICT is never as smooth as they promise!).

I invite you to view the new look site which will very soon have a video with my principal message. Thanks to Mr Hughes for his hard work in producing this video.

albionpk-h.school.nsw.edu.au

You will no doubt have seen and heard about in the media, the controversial funding model being proposed by the Federal Government. I URGE YOU to get behind Public Education and use your voice to ensure that the education of YOUR CHILD is not adversely affected by sending even more money to the private educational sector. See the attached media release by the President of the Secondary Principals Council.

Suzi Clapham
Principal

Home Economics

Our Technology students are well immersed in their projects. In year 7 and the Ultimate Space unit the students develop and strengthen their textile and technology skills by creating a cushion that meets the desired needs of a selected client.

Students follow the design process to support and extend their creativity and critical thinking skills by planning, designing and producing a bedroom design and floor plan using web tools such as PBTeen and Room sketcher.

Continuous experimentation occurs throughout the unit, helping students develop creative textile skills in sewing, hand-stitching, applique and dying techniques.

Students then demonstrate the design process by constructing a cushion using various textile techniques that match their designed room.



Within the year 8 Food Foundations technology unit, students develop and extend both their food knowledge and practical skills by designing and producing a pizza.



Students are required to modify an unhealthy recipe and produce a healthier alternative. By utilising the design process, students are required to think critically and creatively to develop a pizza that best suits the given design brief and situation. Students demonstrate their practical skills acquired throughout the unit within the practical assessment, with a focus on food presentation and visual appeal.

Year 9 Food Technology have been immersed in their 'Food for Special Occasions' assessment where they had to plan for a child's birthday party. They busily created an invitation

and menu for their party as well a birthday cake for the party! Every student put a lot of effort into this task and they all learnt a lot through the process. Some of the cakes these students created are pictured below.

Year 8/9 Agriculture Workshop

On Sunday 9 September, nine students from Albion Park High School were invited to attend the country kickback workshop which was held at the Albion Park Showground. This was an amazing, educational learning experience.



We learned a number of new things about how to judge animals and produce and had a lot of fun at the

same time. We learned what to look for when judging a horse, cow, chicken, sheep, dogs and tomatoes. I now know that when a tomato is being judged for competition you need to feel, if it is squishy and if it has any holes or if it is turning another colour.

It was a great experience and I highly recommend it to anyone who is interested in judging at competitions or shows in the future. It was also a very popular event providing yummy food and engaging activities.



Albion Park High School would like to thank the Albion Park Show Society and

Country Kickback for providing our students with this incredible experience.

We would also like to thank Ryan McParland and the Dapto Poultry Club for their continued support, expertise and assistance with our Agriculture farm at school.

Shannia Rodger-Mckillop and Ashley Baker
Year 8 Agriculture

Park Performers Testing

It's that time of the year again, Year 6 students from Mount Terry Public, Albion Park Public and Tullumbar Public schools have been involved in the Park Performers testing for our 2019 program!

Year 6 students have already completed a sporting history questionnaire and last week,



fifteen of our Year 10 PASS students went out to the primary schools to conduct a number of fitness and skill tests, gathering results that will be collated by the incoming Park Performers class teacher to identify students who possess physical and sporting talent and prowess.

The Park Performers Program provides opportunities for fitness and skill development in a range of sports through the formation of a specific Park Performers PE class in Year 7 and then following through in Year 8 with an extension PE class. This class has been formed in consultation with the Albion Park High School Year 6 Advisor and teachers from each of the primary schools. Students who are placed into the program will be notified by their school mid Term 4.

For our out-of-area enrolments and any students who missed the testing days we will be holding a make-up test at Albion Park High

School on Tuesday 16 October, 2018 at 12.15pm.

Good luck to everybody involved and a huge thank you to our PASS students for assisting with the testing!

Resilience Project

Albion Park High School are proud to be hosting the Resilience Project for APOF Rugby League Football Club in our school hall on Monday 15 October, 2018. This will be a great event for both students and parents to attend. Please see below for more details.

Albion Park - Oak Flats RLFC are a small and very proud regional football club with a strong focus on community, mental health and the wellbeing of their players and supporters. Notably, they were the first official **NRL - National Rugby League** State of Mind club.



With a commitment to using the profile of the game to contribute to the happiness and wellbeing of the community, Albion Park - Oak Flats RLFC will host The Resilience Project to hold one of their Discovery sessions, for the club and the wider community, for FREE in October at Albion Park High School. The sessions will teach positive mental health strategies by providing evidence based, practical strategies to build resilience.

We also encourage you to share this information with Friends, Family and Colleagues.

Date: Monday October 15, 2018

Time: 7pm

Venue: Albion Park High School

<https://theresilienceproject.com.au/>

Secure your FREE ticket today via:

<https://www.eventbrite.com.au/e/the-resilience-project-hosted-by-albion-park-oak-flats-rlfc-tickets-46057379863>

or LIKE our FACBOOK Page and head to the events section

<https://www.facebook.com/APOFRLFC/>



As a thank you to all of our students who played in the Grade Sport Competition this year, we are having a party at Shellharbour beach during sport time! There will be games on the beach (strictly no swimming) and a free sausage sizzle.

Bring \$1 if you wish to purchase a drink! Students will need \$5 for the bus and will be leaving from the bus bay at the beginning of lunch!



Grandparent's Day is a special day that recognises the significant contribution that grandparents make to their families and communities. It is also an occasion for acknowledging the efforts and devotion of grandparents who are often full-time carers for their grandchildren.

Albion Park High School will celebrate Grandparent's day with an invitation to all parents / grandparents to attend.

When: Monday 22 October 2018

Time: 1.30pm

Where: APHS Library

Light afternoon tea will be served

RSVP: By Wednesday 17 October, 2018

Please call the front office -

Phone number 4257 1744

(Essential for catering purposes)