PARK PRESS
Our School Values are – RESPECT, RESPONSIBILITY & COMMITMENT’

Find us at: 120 Church Street Albion Park  2527  Email: Albionpk-h@det.nsw.edu.au  Tel No: 4257 1744

Term 1, Week 2  6 February, 2017

Coming events

<table>
<thead>
<tr>
<th>Week 3</th>
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<tbody>
<tr>
<td>Monday 6 Feb.</td>
<td>Yr 7</td>
<td>Immunisation</td>
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<td>Tuesday 7 Feb.</td>
<td>Yr 12</td>
<td>UOW – Discovery Day</td>
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<tr>
<td>Wednesday 8 Feb.</td>
<td>All</td>
<td>School Swimming Carnival</td>
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<td>Thursday 9 Feb.</td>
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<tr>
<td>Friday 10 Feb.</td>
<td>Yr 11/12</td>
<td>Support Work Experience</td>
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<th>Week 4</th>
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<tr>
<td>Monday 13 Feb.</td>
<td>Yr 7</td>
<td>Dragon’s Visit</td>
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<td>Tuesday 14 Feb.</td>
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<td>Wednesday 15 Feb.</td>
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<td>Thursday 16 Feb.</td>
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<tr>
<td>Friday 17 Feb.</td>
<td>Yr 11/12</td>
<td>Support Work Experience</td>
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P & C MEETING

Monday, 20 February, 2017 at 6pm

Student of the Fortnight

Our student of the fortnight is Hannah McFarlane of Year 11.

Hannah had an outstanding Work Experience week with Warrigal Care in Shellharbour. Whilst the feedback from employers was very positive for all of our Albion Park High School students, Hannah’s feedback was outstanding. Hannah’s Supervisor Megan Wason commented that Hannah was the best work experience student they had ever had and I quote, “She was a joy to have as part of the team. Nothing was too much trouble, and Hannah displayed maturity beyond her years. We wish her well in the future”. Hannah, you are a credit to the school community.

Principal's Message

Welcome Back to 2017!

It was a dramatic start for Year 7s this year with forty three degree heat on their introduction to High School. Despite the uncomfortable weather the cohort was wonderful and the day was successful.

Thanks to Year Adviser Michelle Hutchins who sweltered with the students ensuring that they were in the shade, ‘watered’ and looked after! Thanks also to Year 12 who kindly had spray packs of water to cool the students down.

We have a record number of new staff to welcome into the Albion Park High family. New permanent staff members are:

- Head Teacher Welfare Todd Wilcoxon
Term 1, Week 2

8 December, 2014

A welcoming and friendly school working with and for our local community

- HSIE teacher Shane Schonell
- Science teacher Nick Aston
- PE teacher starting term 2, Matthew Meikele

New Temporary staff are:
- Art teacher Janine Carters
- PE teacher Lauren Farquar
- TAS teacher Gavin McKinnon
- Art and Special Education Monica Ristevski

I would also like to Welcome back Sarah Hiscocks and Nicole Woods who have been on maternity leave for 2016. Congratulations to Amy Greig who was married over the Christmas break and is now Amy Caldwell.

Uniform so far in week one, looks impressive but there are still a large number of mainly Year 10 students who are wearing gym boots. This is a reminder that there are only two stipulations for shoes, that they must be:

1. BLACK
2. LEATHER (or suede)

This is a safety issue and there are no exceptions.

Congratulations to Matthew Stevens who received the DUX award of 2016 and gained a wonderful HSC ATAR of 92.20. Well done to Matthew your success is testament to your hard work and determination.

I am quite sure that 2017 will be a wonderful year for us all as we work together to ensure the very best educational and life outcomes for your children.

CAREERS – Where can you get information?
Providing students, teachers, parents and the local community with up-to-date Careers and Vocational information is an ongoing challenge. In these days of technology and social media you would think it would be easy, but all of these methods still don’t get the necessary messages to all those that need them.

The Careers team at Albion Park High School are continually looking for new ideas and methods to make sure all of our clients have access to up-to-date information. Students are provided with important information on weekly assemblies and at year meetings. Year 10 students also have Careers lessons once a fortnight where they are provided with opportunities to expand their knowledge and skills while planning for their futures.

We have also established our own careers website - www.aphscareers.com

Both students and parents can access this site which provides information on a broad range of topics including: HSC & ROSA, Post-School Options and Workplace Learning. Students also have a secure section on the site where they can develop a career plan and resume, as well as complete various activities to assist with future planning.

Our Facebook page is also a great source of information, especially in relation to employment opportunities. Please search for – Albion Park High School Careers – and ‘LIKE’ our page to get regular updates in your newsfeed.
Year 11 and 12 students have a dedicated area in the school library that provides pamphlets and publications relevant to them. All students and parents also have the ability to make an appointment with the Careers Adviser – Mrs Allyson Fisher – if they require an individualised program or advice on a specific area.

Reminder about School Opal cards
To report a lost, stolen or damaged School Opal card customers should phone 131500 or visit transportnsw.info/school-students. If you have any questions about the School Opal card please refer to the website above.

Volunteering at the School Canteen
Can you spare a few hours to assist with food preparation and Counter service.

<table>
<thead>
<tr>
<th>Daily</th>
<th>7.45am – 8.30am</th>
<th>Preparation and Counter service</th>
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<tr>
<td>Thursday</td>
<td>8.30am - 10.40am</td>
<td>Preparation and Counter service</td>
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<tr>
<td>Monday</td>
<td>10am – 12.45pm</td>
<td>Preparation and Counter service</td>
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<td>Tuesday</td>
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<td>Friday</td>
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The times listed are peak times, but anytime you are available to assist would be greatly appreciated.
Contact: Shona Smylie 4257 1744 Ext 117

Kids Yoga and Meditation in 2017
Starting February, Classes 3-13 years
Limited spots, book in now
0448 270 081 or jab305@bigpond.com

Come play AFL at Albion Park with the Crows!

Registration is open for the 2017 season!
Auskick (beginners 5-12 years)
Cost: $30 including Auskick pack
Competitive (9s, 11s, 13s, 15s & 17s)
Cost: $85 first child, $75 each additional child

The season runs April to September
Training commences February and is held on
Wednesdays for Auskick, 9s & 11s and
Wednesdays and Fridays for 13s, 15s & 17s

Want to communicate better with your teenager?
Learn how to manage conflict more effectively?
Join RAP-P!

The Resourceful Adolescent Parent program (RAP-P) is a free workshop to help parents keep their home a positive and safe place for the entire family. It focuses on parent resilience, understanding teenage behavior, managing arguments and building positive relationships with your teenagers.

• What? Three free parent sessions 2.5 hours each
• When? Thursdays March 2, 9 and 16; 6:30-1pm
• Where? 33 Pioneer Drive Oak Flats
• Contact: Charo Serventy (Family Counsellor)
0425 5468 or 0412 999 965 (Bookings essential)
Course materials, tea/coffee, light refreshments provided

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Albion Park High School

SWIMMING CARNIVAL

When: Week 3
Wednesday 8 February, 2017
Compulsory All Day,
Whole School Event.

Where: Meet at school for normal roll call at 8:25am. We will depart for Albion Park Pool after rolls have been marked. The carnival will conclude at 2:35pm.

What to bring: $2 for pool entry, swimmers, hat, sun cream, towel, lunch, drink and money if you would like to buy something from the canteen.

What to Wear: Something in your house colour or school PE uniform!!

• House races, novelties and usual events will be held on the day.
• A program of events and more information will be available closer to the event.
• Which House will win?? Buru, Guruwin, Gugara or Munda?
• Start training now!!