



APHS Learning from Home Timetable Years 11-12

8:35 – 9:35	Period 1 – As per normal timetable
9:35 – 10:35	Period 2 – As per normal timetable
10:35 – 11:35	Period 3 – As per normal timetable

Teachers need to build in Brain Breaks or other opportunities for students to move away from their screens

40-minute break

12:15 – 1:15	Period 4 – AS per normal Timetable
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20-minute break

1:35 – 2:35	Period 5 – As per normal timetable
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During study periods and homework time

SENIORS 11 & 12

- Check emails / class announcements / Facebook announcements
- Track your learning to make sure you are up to date with Assessment work
- Finish class activities
- Any H/W tasks
- Additional contact with teachers
- Self-directed study – making study notes and summaries, revision of lessons
- Check in with year adviser
- Exercise / Mindfulness
- Work Shifts as required.

YEAR 12

- Watch PRUE SALTER Videos and implement actions
- Practice exam papers
- Self-directed study – making study notes and summaries, revision of lesson