

APHS Learning from Home Timetable Years 7-10

8:35am-8:55am	Physical Activity Time – Access the day’s activity as per instructions
8:55am – 9:35am	Period 1 – Access your online classroom space and complete tasks as required
20-minute break	
9:55am – 10:35am	Period 2– Access your online classroom space and complete tasks as required
20-minute break	
10:55am – 11:35am	Period 3– Access your online classroom space and complete tasks as required
Lunch	
12:35pm – 1:15pm	Period 4– Access your online classroom space and complete tasks as required
20-minute break	
1:35pm – 2:15pm	Period 5– Access your online classroom space and complete tasks as required
2:15pm – 2:35pm	Afternoon Activities

Students should follow their regular timetable using the new times

2:15pm – 2:35pm Afternoon Activities could include:

- Check emails / class announcements on Google Classroom/Moodle
- Read a book
- Assignment Work
- Catch up on H/W or unfinished classwork
- Complete Exit Tickets as required
- Extension Activities
- Exercise or Wellbeing Activities
- Send questions to teachers
- Track your learning and make sure you are up-to-date

