

## Year 9 PDHPE | Stage 5 | 2018

### Year 9 Health

Term 1 - 10 weeks

Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week10
<b>Nothing To Rave About</b>									
Description: In this unit students build on previously developed knowledge, understanding and skills in relation to drug use, in particular, illicit drugs. Students identify and evaluate the broad range of factors that have the potential to impact on the health decisions and behaviours of young people.									
Outcomes: 5.6, 5.7, 5.8, 5.12, 5.13									
Assessment: Students will be assessed via an in-class test through the stimulus 'Testing Times- 60 Minutes' and answer short and long response style questions and their classwork through a formative assessment tool.									

Term 2 - 9 weeks 3 days

Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week 10 (Only 3 days)
<b>Nobody's Perfect</b>									
Description: Students explore a variety of socio-cultural influences and perceptions related to body image, including the concept that beauty is socially constructed, healthy eating habits, positive sense of self and support seeking strategies for self and others.									
Outcomes: 5.1, 5.6									
Assessment: No assessment will be taken of this unit.									

Term 3 - 9 weeks 4 days

Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week 10 (Only 4 days)
<b>Sexual Health Matters</b>									
Description: Students explore factors that contribute to positive relationships and decisions, analyse contraception methods and discuss health issues that affect young people (STI's).									
Outcomes: 5.2, 5.6, 5.7, 5.16									
Assessment: Students will be assessed via the creation of a Puppet Show (both in-class and take home) and their classwork through a formative assessment tool.									

Term 4 - 10 weeks

Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week10
<b>My Future</b>									
Description: Students analyse their own strengths, weaknesses and personal attributes in order to identify appropriate career pathways.									
Outcomes: 5.2									
Assessment: No assessment will be taken of this unit.									

## Year 9 PE

Term 1 - 10 weeks

Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week10
<b>Gymnastics</b>					<b>Striking and Fielding</b>				
Description: Floor and apparatus work including mini tramp, double mini tramp, vault & large tramp.					Description: This unit will focus on skill development and performance in Striking and Fielding Games.				
Outcomes: 5.4, 5.9, 5.10					Outcomes: 5.4, 5.9, 5.10				
Assessment: Students will be given an A-E Grade based on their progress & performance during this unit.					Assessment: Students will be given an A-E Grade based on their progress & performance during this unit.				

Term 2 - 9 weeks 3 days

Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week 10 (Only 3 days)
<b>Athletics</b>					<b>Modified Games</b>				
Description: This unit will focus on skill development and performance in Athletics.					Description: This unit will focus on skill development and performance in Modified Games.				
Outcomes: 5.4, 5.9, 5.10					Outcomes: 5.4, 5.9, 5.10				
Assessment: No assessment will be taken of this unit.					Assessment: No assessment will be taken of this unit.				

Term 3 - 9 weeks 4 days

Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week 10 (Only 4 days)
Net/Court Games					Invasion Games				
Description: This unit will focus on skill development and performance in Net/Court Games.					Description: This unit will focus on skill development and performance in Invasion Games.				
Outcomes: 5.4, 5.9, 5.10					Outcomes: 5.4, 5.9, 5.10				
Assessment: Students will be given an A-E Grade based on their progress & performance during this unit.					Assessment: Students will be given an A-E Grade based on their progress & performance during this unit.				

Term 4 - 10 weeks

Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week10
Goal Scoring Games					Representative Sports				
Description: Students will have the opportunity to get involved in traditional Goal Scoring Games					Description: This unit will enable students to choose from a range of representative sports to further develop their skills in this chosen area.				
Outcomes: 5.4, 5.9, 5.10					Outcomes: 5.4, 5.9, 5.10				
Assessment: No assessment will be taken of this unit.					Assessment: No assessment will be taken of this unit.				