

# Year 10 PASS Theory | Stage 5 | 2018

## Term 1 - 10 weeks 4 days

Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week10	Week 11 (Only 4 days)
<b>Body Systems</b>										
Students investigate how the major body systems contribute to performing fundamental movement skills.										
<b>Outcomes:</b> 1.1, 4.4										
<b>Assessment:</b> Examination. <b>Due:</b> Week 10										

## Term 2 - 9 weeks 4 days

Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week 10 (Only 4 days)
<b>Physical Fitness</b>									
Students investigate the reasons that the human body performs the way that it does, and analyses how to train for improvement.									
<b>Outcomes:</b> 1.1, 1.2, 4.2, 4.4									
<b>Assessment:</b> Analysis of Fitness Results <b>Due:</b> Week 10									

## Term 3 - 9 weeks 4 days

Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week 10 (Only 4 days)
<b>Sports Coaching</b>									
Students learn about the required skills to be a great coach.									
<b>Outcomes:</b> 1.1, 3.1, 3.2									
<b>Assessment:</b> Coaching Plan <b>Due:</b> Week 10									

## Term 4 - 9 weeks 3 days

Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week 10 (Only 3 days)
<b>Issues in Sport</b>									
Students analyse the impact of drugs in sport on the individual, community and sporting world.									
<b>Outcomes:</b> 2.1, 2.2, 4.2									
<b>Assessment:</b> N/A									

# Year 10 PASS Practical | Stage 5 | 2018

## Term 1 - 10 weeks 4 days

Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week10	Week 11 (Only 4 days)
Racquet & Stick Sports										
Students participate in a range of racquet and stick sports and or games.										
<b>Outcomes:</b> 4.1, 4.2, 4.3, 4.4										
<b>Assessment:</b> N/A										

## Term 2 - 9 weeks 4 days

Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week 10 (Only 4 days)
Physical Fitness Labs									
Students participate in a range of fitness tests and analyse their own fitness levels.									
<b>Outcomes:</b> 4.1, 4.2, 4.3, 4.4									
<b>Assessment:</b> Completion of fitness tests <b>Due:</b> Week 10									

## Term 3 - 9 weeks 4 days

Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week 10 (Only 4 days)
Sports Coaching Sessions									
Students review good coaching practices, and lead lessons in order to improve their understanding of varying sports.									
<b>Outcomes:</b> 4.1, 4.2, 4.3, 4.4									
<b>Assessment:</b> Sports Coaching Session Delivery <b>Due:</b> Week 8									

## Term 4 - 9 weeks 3 days

Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week 10 (Only 3 days)
World Games									
Students participate in a range of games that are popular all over the world.									
<b>Outcomes:</b> 4.1, 4.2, 4.3, 4.4									
<b>Assessment:</b> N/A									

