

ALBION PARK HIGH SCHOOL

STAGE 4 DANCE

YEAR	TERM	TOPIC	WEIGHTING	4.1.1	4.1.2	4.1.3	4.2.1	4.2.2	4.3.1	4.3.2	4.4.1
7	1 W10	Performance Students learn a dance taught in class and are required to participate to their best ability in all practical lessons. Students will perform this dance together as a year group and are to demonstrate an appreciation for safe dance practice. Students need to demonstrate basic body awareness by moving through a range of movement shapes and sequences. Journal Students hand in their dance journal which includes all in class work and homework tasks completed and neatly presented. Performance Composition Appreciation	30% P 20% J 10%								
7	2 W4	RESEARCH TASK: Safe Dance Practice Students complete a research task on dance injuries. Students need to demonstrate the ability to: define the dance injury identify the muscles/ligaments/bones that are affected identify examples of how the injury may occur identify prevention strategies Performance Composition Appreciation	20%								

7	3 W7	RESEARCH TASK: Street Dance Pioneer Students complete a research task on a chosen Street dance Pioneer. Students need to demonstrate the ability to: Identify a street dance pioneer and their style Where and when the style originated Identify the characteristics of the dance style Performance Composition Appreciation DANCE COMPOSITION: Street Dance Style	10%				
7	4 W5	Performance Students perform a class dance and compose a short movement sequence within the class dance that is demonstrated by the teacher. Students need to consider the following: Correct alignment when executing movement Basic kinaesthetic awareness Composing movement with consideration of the street dance style. Journal Students hand in their dance journal which includes all in class work and homework tasks completed and neatly presented. Performance Composition Appreciation	40% P 30% J 10%				

YEAR	TERM	TOPIC	WEIGHTING	4.1.1	4.1.2	4.1.3	4.2.1	4.2.2	4.3.1	4.3.2	4.4.1
8	1 W11	Performance Students perform a class dance and need to consider the following safe dance practices: Correct alignment when executing movement Safe dance principles (flexibility and strength) Basic kinaesthetic awareness Journal Students hand in their dance journal which includes all in class work and homework tasks completed and neatly presented.	30% P 20% J 10%								
		Performance Composition Appreciation									
8	2 W4	Performance Students perform a class dance and compose a short movement sequence within this dance. Students need to consider the following: Correct alignment when executing movement Safe dance principles (flexibility and strength) Basic kinaesthetic awareness Composing movement with consideration of the dance style Journal & Interview Students hand in their dance journal. Students also participate in a short interview (conducted as a group), where they will need to answer questions about their compositional process. Performance Composition Appreciation	20% P 10% J&I 10%								