

Sports Academy

The APHS Sports Academy is a high potential athletic program which aims to help students reach their maximum potential through a range of targeted sports.

Students accepted into the APHS Sports Academy will be expected to commit to testing throughout the year, weekly fitness sessions and promoting their chosen sport within the school.



Students will be able to nominate to be part of the academy based on the targeted sports chosen by the school each year and through a selection process which looks at a range of criteria.



Students will be able to access athletic testing through the BaiMed High Performance Centre, sport specific coaching, workshops, weekly fitness sessions and a mentor to help guide their progress.



Respect Responsibility Commitment

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Albion Park High School
High Potential Sports Programs

Albion Park High School

Park Performers Program

The Park Performers program targets students who possess physical and sporting talent and prowess. The program aims to:

- Identify students who have physical ability/talent across a number of physical domains
- Provides opportunities for fitness and skill development in a range of sports through the

formation of a specific Park Performers PE class in Year 7.

- Provide a pathway for athletes to pursue representative honours and further challenge and extend themselves. Pathways for further development include:

Park Performers Testing

Students will be identified in Year 6 through testing days to be held at Mount Terry and Albion Park Public Schools in Term 2 of each year. Students from Tullimbar Public and out of area students will be invited to attend one of the days. All students in Year 6 will have the opportunity to participate in the test.



Park Performers helped me reach my goal of representing the Steelers in rugby league ... Jiye



- » Participation in APHS competition sport teams
- » Participation in CHS and All Schools knockout competitions
- » Selection in Zone , Regional, CHS, NSW All Schools and National teams
- » Potential selection in the APHS Sports Academy



Being in the class was a good stepping stone for achieving higher representative honours ... Dallas



It gives a good opportunity to further develop skills in a range of sports... Amy